

THE UMBRIAN TABLE TOURS 2015 Schedule

WE NOW ACCEPT VISA, MASTERCARD AND AMEX

SICILY September 18 – 27, 2015

Arrive in Palermo and Transfer via motor coach to Marsala. After the two hour ride, we welcome you to the 4 star, *Baglio Basile* hotel www.hotelbagliobasile.it with a drink, check-in, and a brief orientation. That **evening** we will dine at a local restaurant.

The next **morning** we will arise for breakfast then go with the chef to the local fish market to purchase seafood for our class. After that we will have a guided tour of *Marsala*. Catch lunch on your own in town, or shop and wander at your leisure. We return to the hotel in the afternoon for a cooking lesson. After the lesson enjoy the pool or spa until dinner when we will dine on the food we learned to cook that afternoon.

In the **morning** we will motor coach to *Trapani* (about 40 minutes). We will take a guided tour of the city. Then we will lunch in *Trapani*. After our meal we will take a cable car to *Erice* where we will have another guided tour. The motor coach will return us to the hotel later that afternoon. Dinner in *Trapani* is on your own. There will be a shuttle service available around dinner time.

On **Monday** we will have a lesson in Sicilian pastry making followed by lunch at a local restaurant. After lunch we will visit a ceramic factory where the pieces are made by hand. Back to the hotel that afternoon and dinner on your own in town (shuttle available).

Tuesday takes us to the sea. We will take a coach to the port where we will board for a tour of the Egadi Islands. We will stop in the cove of *Favignana* for a swim. We will get a guided tour of *Favignana* and of *Levanzo* Island. Lunch will be aboard the ship that day. We return to the hotel. Dinner on your own with shuttle service available to town.

Wednesday we travel to the *Baglio Oro* winery where we will visit the museum, have lunch and a tasting. We will then visit the *Baglio Baiata Alagna* winery for a tasting. In the evening we will take motorized bicycles to the *Martinez* winery where we will enjoy the sunset and an aperitif by candle light. The bus will return us to the hotel.

On **Thursday**, after some free time for pool and spa, we will travel to *Segesta* for a guided tour. We will then travel back to Marsala where we will board for a trip to *Mozia* Island. We will have a guided tour of the island and its museum. Sunset dinner in a private island garden and then we return to the hotel.

Friday will be all about salt. We will visit *Saline* “the natural park of *Stagnone*” via boat. We will spend the day there visiting a 16th century windmill, still in operation. We will learn to recognize and harvest *Flor de Sale*, then relax in a thermal salt bath. We will lunch and have a salt tasting there as well. We will transfer back to the hotel. Dinner on your own in town and as usual, shuttle will be available.

On **Saturday** we will have a relaxing Wine Therapy Treatment (really) in barrels filled with wine (groups of 4 with a duration of 75 minutes per group. In the evening we will enjoy our farewell dinner.

Sunday morning we will transfer back to Palermo for departure.

The price for this amazing tour of Sicily is \$5,369 per person based on double occupancy. A single supplement will be an additional \$350. The price **does not include your airfare** to and from Palermo. The price is based on a minimum of 18 people. That is also our maximum, so the group is really rather small. This means you will receive impeccable service all along the way.

A non-refundable deposit (unless we cancel the tour for some unforeseen reason) of \$400 is due upon registration. The balance is due by June 21, 2015. We prefer checks, but are working on accepting credit cards (Visa, Master Card) as well.

To register, or for more information, call us at 952-426-1068. Our email is mork3@prodigy.net. Our website (still being updated) is www.umbriantable.com.

Prior to the trip we will host a gathering of the group for food, wine and conversation. It is a great way to get to know your fellow travelers and get in the mood for a marvelous trip. The date of this gathering will be announced after registration is completed.

We look forward to travelling with you.

Michael and Karin Rostance
And Patrizia Proietti Pesci
The Umbrian Table
5424 Xerxes Ave.
Edina, MN 55410
And
Spoleto, Italy